



# Trent Park Running Club

A running club for all

## Membership Form 2010/11

### Couple / Partner Supplement

A full membership form must also be submitted by your partner

Title	<input type="text"/>	Telephone	<input type="text"/>
First name	<input type="text"/>	Mobile	<input type="text"/>
Surname	<input type="text"/>	Email	<input type="text"/>
Partner details:		Date of Birth (dd/mm/yyyy)	<input type="text"/> <input type="text"/> <input type="text"/>
First	<input type="text"/>	Emergency contact information (name / details)	<input type="text"/>
Surname	<input type="text"/>		<input type="text"/>

First claim is Trent Park

*First claim means that Trent Park will be your primary running club. If you are currently a member of another running club, or your membership expired less than 6 months ago, you must join us as a second claim member.*

*First claim club if not Trent Park.*

#### Club Interests

*Please tick each club activity that interests you.*

- Road running
- Cross country
- Triathlon / Duathlon
- Core fitness / Circuit training
- Power walking
- Track & field
- Social events
- Coaching
- Helping with club events

Trent Park Running Club will **not** share any information you provide with a third party. The club sends out information from time to time using the above contact information, if you wish to receive this information please tick the relevant boxes below:

- General club information including the TPP newsletter.
- Information regarding my selected club interests.
- Make your details available on request to other club members (telephone and email only)

I understand that participation is entirely at my own risk and that the club will not be held responsible for any illness, injury or loss of property.

Please sign and date this form and send it together with your cheque to:

Tony Lear, Membership Secretary TPRC,  
230, Woodlands Park, Church Street, Trimingham, Norwich, Norfolk, NR11 8AL.

**Signed** ..... **Date** ... ..